



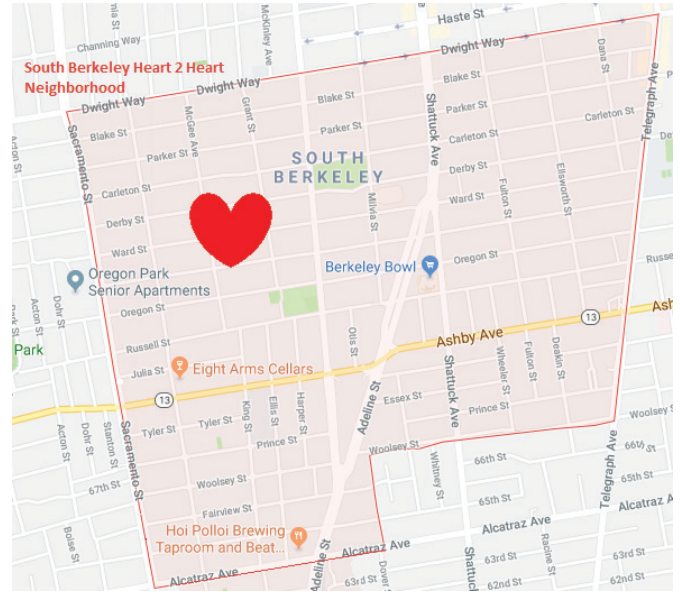
HEART 2 HEART

Neighborhood Health Advocates

The Neighborhood Health Advocate (NHA) is committed to planning, coordinating, and/or participating in activities and projects that build and strengthen the Heart 2 Heart Neighborhood as well as helping to increase this community's access to resources and services in improving their health and well-being.

Why the Heart 2 Heart Neighborhood?

According to the 2006 Health Status Report, residents of the South Berkeley, especially African Americans, experience much higher rates of heart disease, high blood pressure, and stroke than residents in other parts of Berkeley. Heart 2 Heart wants to end these health inequities and believes that community members/partners have the unique local knowledge and power necessary to make this happen.



Responsibilities include:

- Completion of 8-week training (no more than 2 absences allowed)
- Participation in monthly group meetings/trainings
- Plan, attend, or facilitate a service project of choice that provides community members with education, resources, and better access to services
- A minimum commitment of 6 months

Specific Requirements:

- To complete Project Report forms, collect health education evaluations, and submit reports to program staff monthly

NHA's will receive a stipend for their participation in NHA trainings and NHA activities.

Heart 2 Heart Program Staff:

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