

**EAST BAY
CONSORTIUM-
ADVANCED
PRACTICE
PROVIDER
FELLOWSHIP**

2023 INFORMATION SESSION

SO... WHAT IS THE EBC-APPF?

We are a **12-month intensive training program** sponsored by Lifelong Medical Care and designed as a partnership between LMC, La Clinica and one academic center. We aim to train new APPs* to work in **Primary Care** in the **Safety Net**.

EBC-APPF Administrative Leadership

- 1 Manager and 2 Co-Directors

4 Clinical sites

La Clinica Transit Village, LMC Ashby/East Oakland; LMC Brookside San Pablo and LMC West Berkeley

- Designated Clinic Lead at each site

UCSF School of Nursing

- Consult in program decisions and lead evaluation and preceptor development and support

Our mission is to train newly graduated advanced practice providers to provide comprehensive, competent and compassionate care to a diverse and underserved low-income population across the lifespan using an evidence-based, trauma-informed and collaborative approach.

HOW WE'VE EVOLVED...

2015

- Lifelong Medical Care program launched at Ashby clinic

2017-2018

- LMC program grew to 4 trainees in family practice at West Berkeley & San Pablo clinic sites

2019-2021

- Awarded HRSA expansion grant. Fellowship expands to additional LMC site and partner organizations Bay Area Community Health & Tiburcio Vasquez HC, with UCSF as academic partner. La Clinica joins in 2021.

2022-2023 CLASS

Current cohort: 12 fellows

- Family Nurse Practitioners
- 2 tracks: 6 fellows to complete Prenatal track; 6 fellows to complete MAT track
- Graduates from: UCSF, SFSU, Samuel Merritt, CSU Bakersfield, Seattle University, Indiana University, University of Pennsylvania, Yale

2023 - 2024

Next class: 8 fellows

- Consolidate into 4 clinical sites:
 - LC-Transit Village
 - LMC-Ashby/EO
 - LMC-Brookside San Pablo
 - LMC-West Berkeley
- Expanding program to include Physician Assistants
 - PA leadership and preceptorship
 - Relationships with PA programs
- Accreditation

12-MONTH PROGRAM FOCUSED ON PRIMARY CARE

8 FELLOWS

4 CLINICAL SITES- FELLOWS ARE PAIRED AT
THE SITES

8 PRECEPTED CLINICAL SHIFTS/WEEK
DIDACTIC ONCE/WEEK

PRIMARY CARE AND SPECIALTY ROTATIONS

Primary Care Rotation

6-7 shifts (4 hr)/week mixture of adult, peds, gyn/prenatal

Build own primary care panel over course of fellowship

2:1 ratio. Preceptors do not have own schedule

Specialty Rotation

Shadow or see patients alongside clinician with a full panel.

Current rotations: procedure clinic, urgent care, MAT, street medicine, HIV, LGBTQ-centered care. Avg about 1/week. Not all fellows rotate through all.

Some specialty rotations are shared between FQHCs. Most occur at FQHC sites.

RAMP-UP & FELLOW SCHEDULE

In-person Primary Care: 8 patients per ½ day shift	
Week 1-4	4 patients
Week 5-16	5 patients
Week 17-28	6 patients
Week 29-39	7 patients
Week 40-51	8 patients

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 8-12pm	Diamond MD (Family Medicine)	Sweeney NP (MAT)	Diamond MD (Family Medicine)	Barocio, PA (Family Medicine)	Bores MD (Family Medicine)
PM 1-5pm	Ro NP (Family Medicine)	Fellow 1: Street Med with Tsang NP Fellow 2: Street Med with DeBree NP	Admin	Didactics	Ortiz MD (Family Medicine)

Example Clinical Schedule

DIDACTIC & HEALTH EQUITY PROJECT

Didactic

1 shift/week, mix of in-person and teleconference.

Collaboration with FM residency

Clinical topics, case review, role transition support

Health Equity Project

Lead a didactic session about a health equity issue encountered in clinic

Opportunity to focus and reflect on topics of interest to fellows

Aims to develop leadership and facilitation skills and explore how to be advocates for change for more just healthcare system

Examples: Navigating micro-aggressions from patients; weight bias and stigma in healthcare; climate change & healthcare

DIDACTICS

12/2/2021 2:30-4pm FMR: Gender-affirming care
4-5pm FMR: PI

12/9/2021 1:30-2:30 Anti-Oppression dialogue #2- Referrals to AA
2:30pm-3 Check-in
3-5pm Asthma and fundoscopic exam

12/16/2021 1:30-2:55 Pediatric Gender-affirming care
3:05-5pm Trauma-informed lens to overweight in kids

12/23/2021 1:30-3:30 QI session #1
3:35-5pm EKG self-study

12/30/2021 2-4 pm FMR collab- Human trafficking
4-5pm PI

Quarter 2

1/6/2022 1:30-2:30 Anti-oppression dialogue #3
2:30-3:30 Breast health
3:30-5pm Resiliency building convo

1/13/2022 1:30-2:30 Differential diagnosis #2- new onset HA
2:30-3:30 HCM for folks living with HIV
3:30-5pm EKG self-study

1/20/2022 1:30-2:45 COPD
2:45-3:30 EKG case-studies
3:30-5pm Acute pelvic pain

BENEFITS OF JOINING EBC-APP FELLOWSHIP

Transition-to-Practice Support

- Interprofessional mentorship through precepted primary care and specialty clinics.
- Leave 12-month fellowship at the level of a provider with 2-3 years of experience

Community

- Fellows are paired at each clinical site.
- Meet as a group weekly and at community building events.

Didactics

- Opportunity to delve into clinically-relevant topics tailored to community health settings.
- Problem-Based Learning activities.

DEIB & Anti- Oppression

- Commitment to addressing justice, equity, diversity and inclusion in program, professional roles, and daily lives.

REPRESENTATION & RETENTION

Our aim is to prepare newly graduated Advanced Practice Providers to work in Primary Care, in the Safety Net system, ideally at one of our organizations, and to develop a workforce that better reflects the communities we serve.

- 86% female
- 16% queer, bi- or pansexual
- 34% BIPOC & 11% multi-racial
- 43% parent born outside the United States
- 36% first generation college student
- 32% grew up in a household that participated in Medicaid

Practice Location Immediately After Graduation	Number	Percent
At a participating Federally Qualified Health Center	11	41%
Other safety net provider	7	26%
Non-safety net provider	3	11%
Not working	3	11%
Unknown	3	11%

BENEFITS & PAY

- Competitive salary relative to other local residency and fellowship programs
- Comprehensive medical and dental benefits
- 403B retirement plan
- 2 weeks of vacation and 2 weeks of paid sick time minimum
- 24 hours CME time (on top of didactic) and CME funds
- DEA reimbursement
- Loan deferment & Perkins/Public Service Loan Forgiveness eligibility

THE APPLICATION

Required Qualifications:

- Graduated within last 18 months from MSN, DNP or PA program
- CA state RN & NP or PA license by start of program
- FNP, AGNP or PA certified by accredited agency by October 2023
- Demonstrated commitment to work in safety net setting
- Bilingual (especially Spanish) required for some positions

A complete application to our program includes the following materials:

- **Application form** with questions about clinical experience in your academic program and/or past work experiences
- **Resume/CV** (2 pages max)
- **Unofficial school transcripts** (Up until current date. Proof of graduation not necessary to apply.)
- **Three letters of recommendations** (combination of professional, preceptor and/or academic program)
- **Personal statement** (approx. 2 pages) that integrates and answers the following questions:
 - Please consider your professional goals five years from now - what type of clinical practice and setting would you like to work in and are there non-clinical roles or projects you hope to have incorporated in your career? If there are personal and/or professional experiences contributing to your goals and/or career aspirations, please speak to this.
 - What motivates you to pursue additional training through a post-graduate program such as the EBC-APPF? What do you hope to get out of the program?
 - What do you think your biggest challenge would be joining the fellowship program and how would you navigate this?

IMPORTANT DATES

2023-2024 Application Cycle

- Application cycle opened **January 17, 2023**.
- Applications are due by **March 17, 2023**.
- Interview invitations: **March 20-31, 2023**.
- Interviews will be scheduled for: **April 3-14, 2023**.
- 2023-2024 Fellowship year will start **September 25, 2023**

**Application materials
can be submitted online
through link on our
website:**

<https://lifelongmedical.org/advanced-practice-provider-fellowship/>

**For more
information/questions
email:**

adm_appfellowship_sm@lifelongmedical.org

