

## **A MINOR'S RIGHT TO CONTROL ACCESS TO THEIR MEDICAL RECORDS**

### **WHAT ARE MY RIGHTS TO CONTROL ACCESS TO MY MEDICAL RECORDS?**

California law provides that certain medical records of a minor may not be shared with anyone without the minor's consent.

These records include care related to:

- Drug or Alcohol Abuse Treatment at 12 years of age or older-Family Code Section 6929 (b), Civil Code Section 56.05(p).
- Mental Health Services at 12 years of age or older-Family Code Section 6924 (b)(1)(2), Health and Safety Code Section 124260 (b)(1), Civil Code Section 56.05(p).
- Intimate Partner Violence at 12 years of age or older-Family Code Section 6930, Civil Code Section 56.05(p).
- Rape Services at 12 years of age or older-Family Code Section 6927, Civil Code Section 56.05(p).
- AIDS/HIV Services at 12 years of age or older-Health and Safety Code Section 121020, Civil Code Section 56.05(p).
- Sexually Transmitted, Infectious, Contagious or Communicable Diseases at 12 years of age or older-Family Code Section 6926, Civil Code Section 56.05(p).
- Gender Affirming Care at any age-Civil Code Section 56.05(p).
- Pregnancy Prevention and Care including abortions at any age-Family Code Section 6925, Civil Code Section 56.05(p).
- Sexual Assault Services at any age-Family Code Section 6928, Civil Code Section 56.05(p).

### **HOW DO I FIND OUT MORE ABOUT MY MEDICAL RECORD PRIVACY RIGHTS?**

Your Lifelong Medical Care Provider is available to answer questions about your medical record privacy rights.

### **CAN MY PARENT OR GUARDIAN GAIN ACCESS TO MY CONFIDENTIAL MEDICAL RECORDS?**

Your medical records remain confidential and may not be shared with your parent or guardian without you signing a Request for MyChart Teen Proxy Access to Medical Records of Minor Child or an Authorization to Release or Obtain Protected Health Information (PHI) unless the law states otherwise. Please speak with your LifeLong Medical Care Provider for more information.

**WHAT IF I SUSPECT THAT SOMEONE HAS VIEWED MY CONFIDENTIAL MEDICAL RECORDS WITHOUT MY PERMISSION?**

If you suspect that someone has viewed your medical records without your permission, please contact LifeLong Medical Care at 510-549-5451 to file a grievance. An investigation will be performed. If an unauthorized person views your medical records without your permission, they may have to pay a fine and face other punishment. You will not be punished for filing a grievance with LifeLong Medical Care or a complaint with a third party.

**ARE THERE ADDITIONAL RESOURCES THAT I MAY REFER TO?**

Contact the National Center for Youth Law for more information on Teen Health Law. Their telephone number is 510-835-8098. TeenSource publishes a website with teen health information at <https://www.teensource.org/know-your-rightsconfidentiality>. LifeLong Medical Care does not guarantee the accuracy of information on this website, or any publication contained on this website as laws continue to change.