

**EAST BAY  
CONSORTIUM-  
ADVANCED  
PRACTICE  
PROVIDER  
FELLOWSHIP**

2024 INFORMATION SESSION

# SO... WHAT IS THE EBC-APPF?

We are a **12-month intensive training program** sponsored by Lifelong Medical Care and designed as a partnership between LMC, La Clinica and one academic center. We aim to train new APPs\* to work in **Primary Care** in the **Safety Net**.

## EBC-APPF Administrative Leadership

- 1 Manager and 2 Co-Directors

## 3 Clinical sites

La Clinica Transit Village; LMC Brookside San Pablo and LMC West Berkeley

- Designated Clinic Lead at each site

## UCSF School of Nursing

- Consult in program decisions and lead qualitative evaluations, preceptor development and support

**Our mission is to train newly graduated advanced practice providers to provide comprehensive, competent and compassionate care to a diverse and underserved low-income population across the lifespan using an evidence-based, trauma-informed and collaborative approach.**

# HOW WE'VE EVOLVED...

2015

- Lifelong Medical Care program launched at Ashby clinic

2017-2018

- LMC program grew to 4 trainees in family practice at West Berkeley & San Pablo clinic sites

2019-2021

- Awarded HRSA expansion grant. Fellowship expands to additional LMC site and partner organizations Bay Area Community Health & Tiburcio Vasquez HC, with UCSF as academic partner. La Clinica joins in 2021.

2023

- Consolidated sites
- Began accepting PAs
- Awarded a 4-year HRSA Workforce Grant
- Became Accredited by the ANCC!

# 2023-2024 CLASS

Current cohort: 8 fellows

- FNPs and AGNPs
- Graduates from: UCSF, Samuel Merritt, Yale

2023-2024

## Current Class: 8 fellows

- La Clinica-Transit Village
  - 2 fellows
  - AGNP, FNP, PA
  - Spanish proficiency required
- LifeLong-Brookside San Pablo
  - 2 fellows
  - FNP, PA
  - Spanish proficiency required
- LifeLong-West Berkeley
  - 4 fellows
  - FNP, PA

# 12-MONTH PROGRAM FOCUSED ON PRIMARY CARE

8 FELLOWS

3 CLINICAL SITES- FELLOWS ARE PAIRED AT  
THE SITES

8 PRECEPTED CLINICAL SHIFTS/WEEK

1 DIDACTIC SHIFT/WEEK

1 FOLLOW-UP SHIFT/WEEK

# PRIMARY CARE AND SPECIALTY ROTATIONS

## Primary Care Rotation

6-7 shifts (4 hr)/week mixture of adult, peds, gyn/prenatal

Build own primary care panel over course of fellowship

2:1 ratio. Preceptors do not have own schedule

## Specialty Rotation

Shadow or see patients alongside clinician with a full panel.

Current rotations: procedure clinic, urgent care, MAT, street medicine, HIV, LGBTQ-centered care. Avg about 1/week. Not all fellows rotate through all.

Some specialty rotations are shared between FQHCs. Most occur at FQHC sites.

# RAMP-UP & FELLOW SCHEDULE

In-person Primary Care: 8 patients per ½ day shift	
Week 1-4	4 patients
Week 5-16	5 patients
Week 17-28	6 patients
Week 29-39	7 patients
Week 40-51	8 patients

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 8-12pm	Diamond MD (Family Medicine)	Sweeney NP (MAT)	Diamond MD (Family Medicine)	Barocio, PA (Family Medicine)	Bores MD (Family Medicine)
PM 1-5pm	Ro NP (Family Medicine)	Fellow 1: Street Med with Tsang NP  Fellow 2: Street Med with DeBree NP	Admin	Didactics	Ortiz MD (Family Medicine)

**Example Clinical Schedule**



# DIDACTIC & HEALTH EQUITY PROJECT

## Didactic

1 shift/week, mix of in-person and teleconference.

Collaboration with FM residency

Clinical topics, case review, role transition support

## Health Equity Project

Lead a didactic session about a health equity issue encountered in clinic

Opportunity to focus and reflect on topics of interest to fellows

Aims to develop leadership and facilitation skills and explore how to be advocates for change for more just healthcare system

Examples: Navigating micro-aggressions from patients; weight bias and stigma in healthcare; climate change & healthcare

# DIDACTICS

QUARTER 3		
4/6/2023	1:30-3:30pm	Pediatric Don't-Miss-Diagnoses
	3:45-5pm	Peer consult and professional development group
4/13/2023	1:30-2:30pm	Health Equity #7
	2:45-4:45	CHF
4/20/2023	1:30-2:30pm	Differential diagnosis #3: Low back pain
	2:30-3:30pm	DM case studies
	3:45-5pm	Peer consult and professional development group
4/27/2023		FMR joint didactic
	2:30-2:40pm	Introductions + Announcements
	2:40-3:40pm	Sexual health for individuals with intellectual and developmental disabilities
	4-5pm	Case Study Review
5/4/2023	1:30-3:30pm	Pelvic pain
	3:45-5pm	Peer consult and professional development group
5/11/2023	1:30-2:30pm	Health Equity #8
	2:45-4:45	CKD
5/18/2023	1:30-2:30pm	EKG #3
	2:45-4:45pm	NAFLD and Cirrhosis

# BENEFITS OF JOINING EBC-APP FELLOWSHIP

## Transition-to-Practice Support

- Interprofessional mentorship through precepted primary care and specialty clinics.
- Leave 12-month fellowship at the level of a provider with 2-3 years of experience

## Community

- Fellows are paired at each clinical site.
- Meet as a group weekly and at community building events.

## Didactics

- Opportunity to delve into clinically-relevant topics tailored to community health settings.
- Problem-Based Learning activities.

## DEIB & Anti- Oppression

- Commitment to addressing justice, equity, diversity and inclusion in program, professional roles, and daily lives.

# REPRESENTATION & RETENTION

*Our aim is to prepare newly graduated Advanced Practice Providers to work in Primary Care, in the Safety Net system, ideally at one of our organizations, and to develop a workforce that better reflects the communities we serve.*

- 86% female
- 4% queer, bisexual, pansexual, nonbinary
- 47% BIPOC & 11% multi-racial
- 43% parent born outside the United States
- 36% first generation college student
- 32% grew up in a household that participated in Medicaid

# **BENEFITS & PAY**

- Competitive salary relative to other local residency and fellowship programs
- Comprehensive medical and dental benefits
- 403B retirement plan
- 2 weeks of vacation and 2 weeks of paid sick time minimum
- 24 hours CME time (on top of didactic) and CME funds
- DEA reimbursement
- Loan deferment & Perkins/Public Service Loan Forgiveness eligibility

# THE APPLICATION

## Required Qualifications:

- Completed MSN, DNP or PA program within 18 months from the start program
- CA state RN & NP or PA license by start of program
- FNP, AGNP or PA certified by accredited agency by start of program
- Demonstrated commitment to work in safety net setting
- Bilingual (especially Spanish) required for some positions

## A complete application to our program includes the following materials:

- **Application form** with questions about clinical experience in your academic program and/or past work experiences
- **Resume/CV** (2 pages max) should include names/locations/dates of clinical rotations and # of hours
- **Unofficial school transcripts** (Up until current date. Proof of graduation not necessary to apply.)
- **Two letters of recommendations** (combination of professional, preceptor or academic program)
- **Personal statement** answer the following 4 questions (each response should consist of 250-500 words)
  1. What inspires you to train in community health and primary care? If there are any personal and/or professional experiences that lead you to pursue community health and primary care, please discuss this.
  2. What motivates you to pursue additional training through the EBC-APPF? What do you hope to get out of the program?
  3. What do you think your biggest challenge would be joining the fellowship program and how would you navigate this?
  4. If you speak Spanish or any other language in addition to English, how strong are your language skills now (how far can you get in a patient interview without an interpreter?)

# IMPORTANT DATES

## 2024-2025 Application Cycle

- Application cycle opened **January 17, 2024**
- Applications are due by **March 15, 2024**
- Interview invitations: **March 18-29, 2024**
- Interviews will be scheduled for: **April 1-12, 2024**
- Final Decisions: **May 10, 2024**
- 2024-2025 Fellowship year will start **September 23, 2024**

**Application materials  
can be submitted online  
through link on our  
website:**

<https://forms.gle/pq19dtLMgvv9cxyy8>

**For more  
information/questions  
email:**

[adm\\_appfellowship\\_sm@lifelongmedical.org](mailto:adm_appfellowship_sm@lifelongmedical.org)







Q & A